

South King County Area of Narcotics Anonymous

MINUTES

January 11, 2024

The Area Chair, Kayla S., called the 500th meeting of the SKCASC to order at 7:00 pm.

There was a moment of silence followed with the Serenity Prayer.

The Twelve Traditions were read by _____

The Twelve Concepts were read by _____

Previous Minutes were read and approved.

GRIEVANCES:

None

New GSRs:

Tyler – West Hill NA

ROLL CALL:

There were 10 GSR's present, 5 Admin, and 7 Sub-Committee members

OLD BUSINESS:

Motion 498.1

Made by: Friday Night Survivors Group - Ben

Seconded by: ?

We move that SKCANA Guidelines dated 10/22 Article C Operating Procedure Section 5 be revised to delete the second sentence: "All Motions over \$100 are to be referred to groups" without replacement.

MOTION FAILED

Motion 498.2

Made by: H&I

Seconded by: Hope on Wed

H&I subcommittee would like to make a motion to increase our literature budget from \$300 to \$500. The intention of this is to better serve not just our current commitments but also future panels.

Currently reads:

Article C Operating Procedure Section 9 h.

The H&I committee's literature budget is \$300.00.

MOTION PASSED

Motion 499.1

Made by: Darcy T.

Seconded by: OPP

Motion: Strike Section 7 of the South King County Narcotics Anonymous Area Service Committee Guidelines and replace Section 7 with the following language.

SECTION 7: SKCNA FACEBOOK GROUP:

The purpose of this Facebook Group is to provide a resource page for SKCNA.

1. The Facebook Group will consist of the current SKCNA Admin members; Chair, Vice Chair, Secretary, Treasure, Treasure Trainee, RCM1 and RCM 2. The Admin shall appoint up to two members from the Admin to be the SKCNA Group Coordinators at every Feb ASC for a 6-month duration.
2. The SKCNA Facebook Group Coordinators shall be responsible for monitoring the SKCNA Facebook Group daily.
3. The SKCNA Admin shall also routinely review content of the SKCNA Facebook Group to ensure accuracy and proper execution of guidelines, actively watching to help each other follow NA traditions and Facebook procedures and best practices.
4. The Facebook Group will be set up as a Private Group (only members can see who's in the

group and what they post).

5. The SKCNA Facebook Group Coordinators post links to the SKCNA website (skcna.org), current flyers, local NA events and WNIRNA Events as often as necessary.

MOTION PASSED

Motion 499.2

Made by: Will C

Seconded by: Carson Home Group: It Works

I move that: SKCASC adopt the latest version of the Young At Heart Convention of Narcotics Anonymous Guidelines and make them available on the Area site, skcna.org.

Intent: To properly align the SKCNA expectations of the Young At Heart Convention Committee with the Committees current working procedures as approved amongst the Young At Heart Convention Committee.

Key Change

- Currently they state “To operate Square, prior to the convention, must be a YAHCNA voting member.”

We would like to update it to read “To operate Square during the year prior to the convention, you must be a YAHCNA voting member. During the convention square maybe be used by a service member with at least 1 year clean, who has signed the money handling agreement and been oriented by a YAHCNA host committee member.”

This change will allow up to have more members able to be of service during the convention and not be limited to who can use square.

MOTION PASSED

Motion 499.3

Made by: H&I

Seconded by: Will C Group: West Hill

I move that: SKCASC adopt the latest version of the H&I Sub-Committee Guidelines and make them available on the Area site, skcna.org.

Intent: To properly align the SKCNA expectations of the H&I Sub-Committee with the Committees current working procedures as approved amongst the H&I Sub-Committee.

MOTION PASSED

OPEN SHARE:

- Literature distribution at area as opposed to Recovery garage. Big factor is that they are receiving their literature elsewhere. We would love to have more participation from our GSR's. We feel this is a better way to get participation from them if they have to come in to area to get ordered books. Pre-ordered books. Wants to store books on site - can't put them onsite. Needs to make a subcommittee. Literature needs to work with web to make sure that the schedule is accessible

Had to order books in the past and keep stuff on hand - very timely - this was before online ordering - Space to store literature on hand in the church? None

simple straw vote - literature distribution at area -

- Shipping fees discussed about saving money and bringing groups to area. Literature will now be distributed at Area. Starting in February Sunday 25th @ 5pm Grace Lutheran Church.
- Petty Cash regarding Literature addressed - Recovery Garage might take care of that \$40 missing - Treasurer wasn't at the meeting and the Chair wasn't there it won't be addressed until next month. - Juan still feels like he needs a petty cash box \$40.00 -If Garage doesn't reimburse then Area will and if he buys his own lock box area will reimburse.
- Communicating meeting notes with everyone moving forward - ASC Mailing list to add meeting notes in moving forward. Is it still active? Google groups? Yes - reports forward to the same address. Service members are being including in the google groups. Ticket to web to get added to the google group. Directions on the website to contact service body and then add yourself to mailing list. Google groups. Minutes are posted to google

group notified through an email. Email address to update to google groups skcna-asc@googlegroups.com

- Meeting closures - mixed communication on meetings that have closed and were supposed to be off the website doesn't want to be removed from word of mouth - AIR closed - RAW is closed - old RCM1 and Loni - went around to other meetings - Shamus said it is his job - Women's meeting Recovery Amongst Women - Shamus reported that he went 2x that the spanish meeting was not being held 3 months ago.
- Turned on AI Companion - recording zoom
- Facebook page was already created and Darcy can take it over it will go from public to private - Darcy was going to set up the page and two admins will have to approve pages. FAQ GSR's will know zoom for Area - service stuff pinned to the top. FAQ sheet - how do i get minutes from our last meeting - how to get my report? There are more than one websites. Documentation before has nothing to do with area.....

NEW BUSINESS:

None

ELECTIONS:

None

OPEN POSITIONS:

Treasurer Trainee
Web Services Chair
PR Chair
DOD Chair

ANNOUNCEMENTS:

Next Area meeting February 25 @ 530pm. New GSR orientation is at 5:00pm.
Literature distribution at area with Juan.

The next Area meeting is scheduled for *February 25, 2024* at 5:30pm

ADMIN REPORTS

CHAIR - Kayla S

Hello all, The admin body met, and has collectively agreed to continue holding our meetings at the Grace Lutheran Church in Des Moines. There will be a change in the meeting schedule. Starting in February, our meetings will be held on the 4th Sunday of each month, beginning at 5:30 pm. To facilitate the transition, we will stat the New Group Service Representative (GSR) orientation at 5:00 pm, before the meeting. Our next area meeting will take place on February 25th, 2024, at 5:30 pm. During our admin team meeting, we wanted to discuss the possibility of moving literature distribution to occur at the area service meeting, rather than a separate location and time. This change is intended to encourage greater participation in area. I have put this as something discuss for open sharing. In accordance with our guidelines, the admin body needs to conduct a audit of the area treasury. I will be convening with the admin body to find a time this month to conduct the audit. The results of this audit will be reported back to the committee during the next month's meeting. YIS, Kayla S

VICE CHAIR - Will C

Hello SKC ASC, Did you all know that this is the 500th meeting of SKC ASC!? And that we finally got minutes posted!? I do apologize that they were a few days late, but I hope you all were able to find them. The Admin body met regarding changing ASC time and place and we also discussed how we might be able to better inform the Area when minutes are available, looking to possibly further that discussion during Open Sharing. When working with Web to get the minutes posted, we were also able to get the latest Guidelines and the Area Flyer posted. I asked about having Addicts in Reality (AIR) on Tues & La Última Dosis on Mon and Wed removed from the schedule and Web sent emails out to last known contacts to confirm the closures. We are still waiting on replies, so the meetings are still listed. We should work on a solution to verify meeting closures to ensure the schedule is up to date as I know from experience going to a meeting that is not there is upsetting. Since we are unsure of the status of our Secretary, I did manage the printing of the schedules for literature pickup on Sunday. I printed 250 schedules for \$77.07 and will be requesting reimbursement for this amount today. I will also be working with Amber, our Secretary Trainee, to ensure minutes are posted this month and hopefully she can step into the Secretary position if we do not fulfill it tonight. Please let me know if there is anything I can do to assist the Area and I will do what I can. ILS, Will C

SECRETARY - Mike

SECRETARY TRAINEE - Amber

TREASURER - Mark

SKCANA Treasurer's Report (Rollup) December 2023/January 2024

Area Income

Group Donations	\$1,347.60
Unused	\$0.00
Unused	
Total Income	\$1,347.60

Checking Account

Starting Balance	\$5,048.06
credits	\$1,625.45
Debits	(\$1,460.08)
Ending Balance	\$5,213.43

Area Expenses

Recovery Garage	Lit Rent	(\$50.00)
U-Haul	Activites Storage	(\$97.90)
Literature	H&I Transfer	(\$213.20)
Grace Lutheran	ASC Rent	(\$20.00)
WSO	7% Donation	(\$94.33)
WNIR	7% Donation	(\$94.33)
Zoom	Nov Meeting Host	(\$17.61)
US Postal Service	PO Box Fee	(\$274.00)
Will C.	Schedule Printing	(\$77.07)
Unused	Unused	
Unused	Unused	
Unused	Unused	
Unused	Unused	
Total Expense		(\$938.44)

Account Verification

Activities	\$235.11
Men's Retreat	\$1,500.00
DOD	\$1,500.00
Lit (Funds Available)	\$497.82
Prudent Reserve	\$1,480.50
All Area Funds	\$5,213.43
Bank - All Area Funds	\$0.00

Area Account:	\$1,071.34
Pre-Donation Balance	\$1,480.50
Regional Donation	\$0.00
Ending Balance	\$1,480.50

SKCANA Treasurer's Report (Details)

December 2023/January 2024

Group Donations

Better Late than Never	
Cover To Cover	
First Thought Wrong	
FNA	
Friday Night Chaos	
Friday Night Survivors	\$137.80
Hope on Wednesday	\$100.00
It works	
Journey Home	
KVNA	\$4.00
Mens Hardcore NA	\$300.00
Never Alone	
New Fix	
New Hope	
New Way NA	\$40.00
No Matter what	
On Point Recovery	
Our Primary Purpose	\$400.00
Progress Not Perfection	
Preventative Maint.	
Rec. Amongst Women	
Recovery in the Alley	
Recovery in the woods	
Road to Recovery	
Sun Night Underground	\$200.00
Twisted Sisters	
War	
West hill	\$165.80
Individual Donation	

TOTAL DONTATIONS \$1,347.60

Activities

Start		\$235.11
Income	NYE Event	\$0.00
Expense		\$0.00
Expense	Overage	\$0.00

Ending \$235.11

Petty Cash \$751.63

Men's Retreat

Start		\$1,500.00
Income		\$0.00
Expense		\$0.00

Ending \$1,500.00

DOD

Start		\$1,500.00
Income		\$0.00
Expense		\$0.00

Ending \$1,500.00

Literature

Previous (OH)		\$3,758.39
Sold		(\$277.85)
H&I Transfer		(\$213.20)
Ordered		\$734.84

Lit On Hand \$4,002.18

Funds Available \$497.82

Total \$4,500.00

Petty Cash \$40.00

SUB-COMMITTEE REPORTS

ACTIVITIES - Brandon K

Brandon addict Happy new year to all. NYE event was a success. These numbers are totals between both counties with everything split in half. Money out \$9,800.28 Money in \$10,438.70 Leaving us in the positive of \$824.21 for the event. Our wrap up meeting will be Tuesday January 23rd at 7pm on zoom. Our next event will be eat your heart out bingo bake off taking place at victory fellowship on Saturday February 24th. This will be a day event. Bingo, prizes, food, speaker and family fun. More info to come. Activities funds are as Petty cash \$700 ASC account \$2300 Donation to area \$469.24 Next activities business meeting will be our quarterly in person meeting. We will be meeting at black bear restaurant in federal way at 5pm Sunday January 28th. Thank you for allowing me to be of service.

H&I - Colvin

1/11/2024 H and I area report Little to report on this month we're just waiting to hear back about our literature approval for an increase of literature spending and hopefully the approval of our new guidelines. I Have reached out to David J. to look in to try and reestablish our continuing support of Lakeside Milam and see where me and him can get with going back in and sporting Lakeside Milam. We have a new vice chair, Ben W, who has been working diligently on updating some of our contact list for our members and I am looking forward to working with him. Everything else seems to be going fairly well for South King County H and I. I'm pleased to report that our committee meeting has been going well and it seems like we're getting into a good groove of communicating and resolving issues and problem-solving. It is my honor to serve as H and I chair. Thank you, Colvin H.

HELPLINE - Annette

LITERATURE - Juan

PR - OPEN

C&E - Brian

Hi Guys, all apologies for the late submission. Our C&E quarterly meeting was Saturday 1/13. The most important piece of business was pushed to the top of the agenda; WNIRCNA 39. The decision was made to move the event to the Kitsap Convention center in Bremerton, WA. The date has been changed to 5/17-19, 2024. There are room blocks at the Fairfield Inn & Suites and the Hampton Inn & Suites. Both are within walking distance. Both will offer a discounted room rate @ \$144/night. Be sure to mention that you are with Fellowship Services association (FSA), WNIRCNA 39 or NA to be included in our room block and the discounted rate. Any member already registered will receive an email outlining the changes and requesting their response as to their willingness and ability to retain their registration, request a refund or donate their package. The registration flyer has been amended and up on the regional website. Online registration is open again. In other news; C&E has assigned a task to draft guidelines to define "C&E Member at Large". Also to amend guidelines for Excess Merchandise and the distribution of said merchandise . There are also New Guidelines for Regional Learning Days to be approved. Startup meetings for Clean n Free 2025, WNIRCNA 40 & PNWCNA 48 all in our region in 2025, flyers are out for these startups. CnF 2025 ; 2/18/24, WNIRCNA 40; 01/27/24 in Kennewick, WA & PNWCNA 48/11/24 in Vancouver, WA Anyone interested in getting involved with C&E or convention host committee, contact Me. In Service to NA, Brian M SKC C&E rep

WEB SERVICES - OPEN

EVENTS REPORTS

SASS - Angela

Hello Family, The SASS committee has had a great start. We have filled all of our committee positions as well as welcoming many trusted servants on to our committee this year. We have secured Lazy F Ranch as our retreat venue for a 3rd year in a row with retreat dates of 9/13-9/15/24. We have submitted our signed agreement with the camp as well as our first deposit of \$400. Our Fundraising Chair Jackie J has started fundraising off quite successfully with NA decals that sold out so quickly our committee decided to approve a second round of decals. Our first fundraising event is set for 1/20 with a pajama themed roller skating party at El Centro Skating rink in Federal Way 11am to 1pm. Jackie formed a fundraising subcommittee which met for the first time this past Sunday 1/7. With the help of the SKC web servant our committee was able to update the SKC website with this year's committee information in hopes that more of our sisters will continue to show up to be a part of our committee. I have also submitted Natalie M's treasurer report for transparency. In loving service, Angela J SASS Chair

Hello Family, We started this season with a total of 8,000 in our account. Our expenses thus far have been: 130.00 Rent to the Recovery Garage 300.00 Fundraising supply purchases 100.00 Deposit for Grace Lutheran 400.00 Deposit to Lazy F Camp We have sold some of last years merchandise, bringing in 218.84 so far from those sales. There have been more fundraising sales for this year's stickers, however, I've not collected those funds from Jackie, our fundraising chair. Our current bank balance is 7,691.00 Yours In Loving Service, Natalie M

MEN'S RETREAT - Blake T

New date for for retreat may 10-12 main speaker Brian M from Philly Fundraiser on Saturday feb 17th brookelake church from 3-6 speakers are Darcy T and Micheal B. Taco feed, auction 3 tickets sold \$240 total Tickets are on sale for \$80

DAY OF THE DINOSAUR - OPEN

WINTER WINNERS LIAISON – James L

Winter winners is coming up next months and we are good to go. It also appears that we have enough funds to purchase 10 tickets for Newcomers (less then a year clean) if you know someone please get their name and area to me or one of the members we will be drawing names soon. Yours in service

YAHANA - Will C

Hello SKC ASC, We have decided to move forward with holding our convention at Green River College for a single day event on June 29th. We wish we could hold our typical three-day event, but due to increase in cost and the previous year's participation, we want to be responsible and work ourselves back to being able to manage all weekend. Our current balance as of 12/9 is \$5,032.04, this does not include funds raised at our fundraiser last week. Speaking of our fundraiser "Recovery Transcends Age", it was a decent turn out and we managed to collect \$708. Thanks to all who were in attendance and hope to see everyone at the next event. We have stickers in the wild for \$5 a piece and will have merch at Clean and Free, so be on the lookout. If you would like to join us, we meet every 2nd Sunday of the month at The Other Place in Burien at 11am. All positions are filled, but our subcommittees could always use some support. ILS, Will C

GROUP REPORTS

Meeting: Recovery in the woods

Meets: Wednesday @ 6:00 PM • Location: 19300 se 267 street • Attendance: Averaging 1 newcomers with approximately 8 total attendees • Submitted by: Bobby m on (01-11-2024)

Meeting Report:

Hello all meeting still going my report is on oct, nov, dec , collect was \$196 , rent was \$50, lit order was \$113.45 so we are donating \$32.55 thanks come on out check out meeting sometime ur in service Bitchin bob

Meeting: Friday Night Survivors

Meets: Friday @ 7:30 PM • Location: Grace Lutheran Church Kent • Attendance: Averaging 1 newcomers with approximately 10 total attendees • Submitted by: Ben W on (01-11-2024)

Meeting Report:

Hello all We are doing well and are a candlelight meeting. We have to lock the door per church rules. Phone number for entry is posted for access after 730 pm. Please come and share your experience strength and hope. Yours in service Ben

Meeting: It Works

Meets: Monday, Tuesday, Wednesday, Thursday, Friday @ 5:30 PM • Location: Recovery Garage • Attendance: Averaging 1 newcomers with approximately 7 total attendees • Submitted by: Carson B. on (01-11-2024)

Meeting Report:

No news to report.

Meeting: New hope group

Meets: Tuesday @ 7:00 PM • Location: Victory Fellowship, Auburn • Attendance: Averaging 3 newcomers with approximately 30 total attendees • Submitted by: Richie S on (01-11-2024)

Meeting Report:

I'm just here so I don't get fined. I have nothing to report

Meeting: Never Alone

Meets: Daily @ 7:00 PM • Location: Recovery Garage • Attendance: Averaging 3 newcomers with approximately 25 total attendees • Submitted by: Eric C. on (01-11-2024)

Meeting Report:

Hello Family, Everything is going good at Never Alone. Attendance and 7th tradition have been down last couple months. All positions are filled and we have Monday night chair position up for

election next month. Our group was only able to vote on one of the three motions due to not being able to find the other two. We're having a movie matinee and meeting at the Recovery Garage on February 3rd. 3-6:30 followed by our meeting at 7We will provide popcorn, candy, and a projector to watch the kids friendly Lego movie. We're also planning a speaker jam and feed event in late March. More details to come on that next month. Our next business meeting will be on February 4th 4 p.m. Thanks for allowing us to be of service! NEVER ALONE

Meeting: Progress Not Perfection

Meets: Thursday @ 6:30 PM • Location: New Heights Christian Church, Kent • Attendance: Averaging 4 newcomers with approximately 12 total attendees • Submitted by: Hannah P. on (01-11-2024)

Meeting Report:

Nothing new to report at this time. Thank you for letting me be of service!

Meeting: West Hill NA

West Hill NA

Meeting Report:

Nothing new to report at this time.

Meeting: Twisted Sisters

Twisted Sisters

Meeting Report:

This zoom meeting is struggling. We could use some support.

Meeting: Road to Recovery

Meets: Daily @ 12:00 PM (Noon) • Location: Auburn • Attendance: Averaging 3 newcomers with approximately 7 total attendees • Submitted by: Michael W on (01-08-2024)

Meeting Report:

We are averaging \$10 per meeting in 7th tradition December 2023 was our Best month we brought in \$300 in 7th tradition for the whole month the group can really use areas support ask some days it is hit and miss on who shows up and lately those that are supposed to be chairing are not showing up so most of us are having to double up on meetings to make sure that the doors stay open and available to the new comer who might need a meeting that particular day
