

South King County Area of Narcotics Anonymous

MINUTES

April 28, 2024

The Area Chair, Kayla S., called the 503rd meeting of the SKCASC to order at 5:30 pm.

There was a moment of silence followed with the Serenity Prayer.

The Twelve Traditions were read by Bob

The Twelve Concepts were read by Richard

Previous Minutes were read and approved.

GRIEVANCES:

None

New GSRs:

- Kahli - Never Alone
- Jennifer - Twisted Sisters
- Rafael - Nip it in the Bud

ROLL CALL:

There were 15 GSR's present, 6 Admin, and 7 Sub-Committee members

OLD BUSINESS:

-

OPEN SHARE:

- Area inventory is due next month. Please bring anyone from home groups that are interested.
- PR – Chair will work on setting up a meeting to see where we are at as there is murmur of members looking to be of service.
- Literature – Two possible ways of fixing the extra cost of literature, increase the cost of literature or Area pays for the shipping cost. An inventory will

take place to determine exact amount is missing and a motion will need to be made to cover costs. Literature and Treasurer will work to create an update list of costs to cover shipping.

- Winter Winners needs to provide us with Guidelines

NEW BUSINESS:

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ELECTIONS:

OPEN POSITIONS:

Secretary – Amber voted in

Secretary Trainee - Jennifer T voted in

Treasurer Trainee – Jennifer C voted in

Web Services Chair

PR Chair

DOD Chair

ANNOUNCEMENTS:

-

**The next Area meeting is scheduled for *May 26th, 2024* at
5:30pm**

ADMIN REPORTS

CHAIR - Kayla S

Verbal Report Given

VICE CHAIR - Will C

Hello SKC ASC,

Not much to report. I submitted a ticket to get minutes posted to our site. Our Area Inventory is due next month, so I reached out to our Regional Chair, Jake H., and he will be here to administer that for us. An Audit of Area Treasury will be due in July, so we will want to make sure to schedule that soon.

The topic of PR came up at our Area Birthday and would like to open up discussions around this committee that has been vacant for some time and how we can get it going again.

Please let me know if there is anything I can do to assist the Area and I will do what I can.

ILS,
Will C

SECRETARY – OPEN

SECRETARY TRAINEE – Amber

TREASURER - Mark

SKCANA Treasurer's Report (Rollup)

March/April 2024

Area Income

Group Donations	\$931.35
Activities Overage	\$0.00
Unused	
Total Income	\$931.35

Checking Account

Starting Balance	\$7,783.56
credits	\$1,180.35
Debits	(\$1,396.08)
Ending Balance	\$7,567.83

Area Expenses

Recovery Garage	Lit Rent	(\$50.00)
U-haul	Act Storage	(\$102.90)
Literature	H&I Transfer	(\$308.60)
Grace Lutheran	ASC Rent	(\$20.00)
WSO	7% Donation	(\$65.19)
WNIR	7% Donation	(\$65.19)
Zoom	Meeting Host	(\$17.62)
Bank of America	Stop Payment Fee	(\$60.00)
US Postal Servic	Stamps	(\$27.20)
Literature	Budget Increase	(\$200.00)
Shamus M	RCM Travel	(\$132.48)
James L	RCM Travel	(\$132.48)
Unused	Unused	
Total Expense		(\$1,181.66)

Account Verification

Activities	\$880.00
Men's Retreat	\$3,401.00
DOD	\$1,500.00
Lit (Funds Available)	\$37.14
Prudent Reserve	\$1,749.69
All Area Funds	\$7,567.83
Bank - All Area Funds	\$0.00

Area Account:	\$2,000.00
Pre-Donation Balance	\$1,749.69
Regional Donation	\$0.00
Ending Balance	\$1,749.69

SKCANA Treasurer's Report (Details)

March/April 2024

Group Donations

Better Late than Never	
Cover To Cover	
First Thought Wrong	
Friday Night Chaos	
Friday Night Survivors	\$97.75
Hope on Wednesday	\$69.00
It works	
Journey Home	
KVNA	
Mens Hardcore NA	\$250.00
Never Alone	
New Fix	
New Hope	
New Way NA	
No Matter what	
On Point Recovery	
Our Primary Purpose	\$427.00
Progress Not Perfection	
Preventative Maint.	
Rec. Amongst Women	
Recovery in the Alley	
Recovery in the woods	\$3.60
Road to Recovery	
Sun Night Underground	
Twisted Sisters	
War	
West hill	
Hope on Wednesday	\$84.00

TOTAL DONTATIONS **\$931.35**

Activities

Start		\$880.00
Income	0	\$0.00
Expense		\$0.00
Expense	Overage	\$0.00

Ending **\$880.00**

Petty Cash **\$281.09**

Men's Retreat

Start		\$3,401.00
Income		\$0.00
Expense		\$0.00

Ending **\$3,401.00**

DOD

Start		\$1,500.00
Income		\$0.00
Expense		\$0.00

Ending **\$1,500.00**

Literature

Previous (OH)		\$4,497.44
Sold		(\$249.00)
H&I Transfer		(\$308.60)
Ordered		\$723.02

Lit On Hand **\$4,662.86**

Funds Available **\$37.14**

Total **\$4,700.00**

Petty Cash **\$0.00**

SKCANA Treasurer's Report (Register)

March/April 2024

Date	Cat.	Payee	Note	Check #	Check Amount	Deposit Amount	Balance
			Starting Balance				7,783.56
03/25/24	Area	Recovery Garage	Lit Storage	7809	(50.00)		7,733.56
03/25/24	Area	Grace Lutheran Church	ASC Rent	7810	(20.00)		7,713.56
03/26/24	Area		Group Donations (cash/check)			416.75	8,130.31
03/26/24	Lit		Lit Sales			249.00	8,379.31
03/29/24	Area	BOA	Stop payment #7768, 93 & 94		(60.00)		8,319.31
04/01/24	Area	U-Haul	Activity Storage	Auto Pay	(102.90)		8,216.41
04/02/24	Lit	NAWS	Lit Invoice NPS-0025836	PayPal	(16.00)		8,200.41
04/10/24	Area	Zoom	Area Online Meeting	Auto Pay	(17.62)		8,182.79
04/11/24	Area	US Postal Service	Stamps	Deb	(27.20)		8,155.59
04/28/24	Lit	NAWS	Lit Invoice NPS-0035946	7811	(707.02)		7,448.57
04/28/24	Area	Shamus M	RCM Travel Reimbursement	7812	(132.48)		7,316.09
04/29/24	Area	James L.	RCM Travel Reimbursement	7813	(132.48)		7,183.61
04/28/24	Area		Group Donations (Venmo)			514.60	7,698.21
04/28/24	Area	NAWS	7% Donation	7814	(65.19)		7,633.02
04/28/24	Area	WNIR	7% Donation	7815	(65.19)		7,567.83
04/28/24	Area	WNIR	Overage		0.00		7,567.83
			Ending Balance				\$7,567.83

TREASURER TRAINEE - OPEN

RCM1 – Shamus

April Regional Report

Good Day to all. This quarter started off with regional inventory. It was conducted by regional delegate from Canada named Bill. Online survey was done that lead to four main topics.

Communication

utilizing social media, mentoring

Coordination of services

clear rolls & tasks, post minutes timely

How to communicate services

Workshops for areas

Planning

Agendas

Believed to improve service outcomes is to implement outside accountability person to report too and assign timelines to help people stay on task.

Open sharing concern:

Limiting contact emails and how officers email. Forwarding emails with a lot of emails is creating issues for the web servants. Is that an issue in our area???

Outcome: Stop forwarding and use direct access.

Reports:

Chair –

Slow quarter over all but wanted to remind everyone at least 20 rooms are required to book at the redlion under fellowship services for block rate.

Vice-Chair-

Has filled in on the IT committee as guildlines dictates when there is no current chair. Please put the word out Region needs an IT Chair.

Treasurer-

Current Reserve \$38,350.00

Donation to NAWS \$77,293.43

RD –

The workshop at Clean & Free on Disruptive Behavior was the largest ever. They had to close the doors due to fire restrictions.

WCNA main speaker meetings every night will be audio streaming via Mixler & Farsi. There are currently 11,000 registered and they need 24,000 to break even so get the word out.

Reminder there is SO much information on from their 20 page report, so I choose the key points to our area. If you would like a copy of the report let me know and I will send it to you.

C&E –

Clean & Free was a huge success. WNIRCNA 39 is coming up and need to fill 40 more rooms to be able to get the block rates. Treasurer is asking for each host committee to get debit card for said account to make it easier on the overall process.

Activities –

Accepting electronic payment

Regional Float & Dinner July 12th

H&I –

Joe A. Is the new RSC Chair.

PI –

Guildlines are being updated. Ordered new business cards to hand out at events. Working on organizing workshops on phonline basics & PI basics.

Literature –

New Chair is Margaret, new Vice-Chair is Brianna. My position of secretary is up in July so looking for a new person to fill that role in the spirit or rotation.

Lastly the Ad-hoc committee to find a new meeting place for RSC & All-Subs is to meet via zoom.

May 15th 7:15

June 12th 7:15

Thank you for letting me be of service

Shamus M

RCM 1

RCM2 – James L

Hey,

This is a shorter report as I'm not sure what I did with my notes. We did an Region inventory which I thought went very well, three concerns were communication: Social media groups, virtual meeting platforms, mentoring training's, interim check ins with RSC members & submitting reports in a timely manor

Planning: Agendas for meetings, regional service workshops for areas, area resource sharing Like drop box IDT's

prioritize agenda items

also have a project charge sheet so that everyone stays on tract.

& Coordination of services:

Clear rolls/Tasks (who,What how,when)

Project Charge Sheet

Thorough concise report

Posting minutes on the website so anyone can find them.

We will be talking about how to make these changes and then go over the results to improve.

SKCNA FACEBOOK GROUP

SUB-COMMITTEE REPORTS

ACTIVITIES - Brandon K

hi family, activities is busy planning, growing and flowing. Homegroup games has been moved to July 28th at sunset park. we have a hike planned for July 14th at greenwater. campout tickets have been printed and are available for sale. adults are \$25 and kids 12 and under are \$10 a ticket. that's the news on updates for slatted events coming this year. all flyers have been summited and are posted on website. Thanks for allowing me to be of services

H&I - Colvin

Hnl area report 4/28/2025

Hnl is happy to report we are moving forward with the regional justice centers and are just now starting up meeting again there. Also all of our commitments to our current facilities are being made and the committee meetings are going well. All seems to be running smoothly. Thank you to all our members. Happy to be of service,

-Colvin H

HELPLINE - Annette

Hello all,

Since our last monthly meeting the helpline received 18 calls. In addition, here been an abundance of SCAM calls, Ugh!! there so annoying. I have attached a new flyer that I would love for GSR's to bring back to the home groups. It would be great to have a few more volunteers.

I had an issue this morning with the sub-committee zoom meeting. I will reach out to our web service for help.

Yours in Service,

Annette Hilton

LITERATURE - Juan

PR - OPEN

C&E - Brian

WEB SERVICES - OPEN

EVENTS REPORTS

SASS - Angela

Hello Family,

April was a busy yet successful month for the SASS committee.

Our committee accepted the SKC Activities invitation to represent our committee at the Area birthday event on 4/6. I set up an informational booth and I also spoke on the panel about SASS. We held our second in person fundraising event, the annual SYSPE event, on 4/20. Despite an error with a double booking by Grace Lutheran Church the event was a huge success thanks to the tireless efforts of our fundraising chair Jackie P. We have one more fundraising event that we are planning before our retreat. A skating event with the theme "Recover Out Loud" with more details to be announced soon.

This year the SASS committee has created subcommittees to help our major positions such as fundraising and programming. In April we had a fundraising sub committee meeting on and a programming sub committee meeting this morning at the Garage,

One thing I do need help on is finding out how I obtain the insurance binder for our event coming up in September. The time line passed down to me mentions this is done in July normally but I have received communication from another member regarding changes to the insurance binder request protocol. Even after reading this I'm still confused so I'm hoping someone here today can guide me on this process.

It's never too late to come be of service on the SASS committee. We are always ready to welcome new trusted servants to our committee. We continue to meet the 3rd Sunday of every month from 3pm to 5pm at the Recovery Garage.

In loving Service,
Angela H

Hello Family,

As voted on, we began this season with the following:

Seed money for this September's SASS in the amount of \$6,500

Money set aside for Scholarships in the amount of \$1,500

Our Bank account balances are as follows:

Saving = \$8,000

Checking = \$4,881.16

Venmo = 0

I've tried to keep our fundraising money from this season as transparent as possible by keeping the seed money and scholarship money in our savings account. To start off the fundraising season, monies were transferred for merchandise to get us started. I would then pay our account back as money was made. That being said, our checking account balance reflects all of the money made from this year's SASS committee. The checking balance of \$4,881.16 includes all of the Venmo and cash transactions to date. As purchases are made and money deposited into our Venmo account, I transfer those funds to the checking account regularly.

I have all spreadsheets and banking statements available in case there are any further questions about our finances.

Yours In Loving Service,
Natalie M

MEN'S RETREAT - Blake T

Hello family, the men's retreat was struggling for a little while with ticket sales but we are doing much better with around 41 tickets sold. The retreat will still be may 10-12 and I will be asking mark the area treasurer for a check for cups and another with the rest of our money for the venue of the retreat next year. In loving service- Blake T

DAY OF THE DINOSAUR - OPEN

WINTER WINNERS LIAISON – Sue F

Good afternoon,

Do not have minutes from last meeting yet. We have contacted the facility we are having the event at in January of next year. At this time the audit from last years event has not been done. Pierce County has been trying to obtain information on reaching last years treasurer. That has been rectified so we should have that done soon. There has not yet been a determination on increasing the seed money to \$4,000.00 in Pierce County as there was an issue getting the minutes out to the meetings to have it voted on.

Yours in service,
Sue F.

YAHCNA - Will C

Hello SKC ASC,

Our convention is only 2 months away! It will be at Green River College for a single day event on June 29th. Registration is open and only \$20! It will increase to \$25 at the door, so please register! We have decided to add in a \$10 Pizza Dinner to the event, so if you already registered, please revisit the site to pre-purchase your dinner ticket as they will only be available for a limited time at the convention.

We have stickers in the wild for \$5 a piece and buffs for \$15/\$20, so be on the lookout.

We are looking to be right on budget with the event and our balance before the fundraising event is \$6,046.09.

I want to thank SKCNA Activities for rescheduling the Home Group Games to a different date!

Greatly appreciated!

The YAHCNA flyer is still not on the SKCNA site, so I submitted a ticket today and hopefully it will be posted soon.

Our committee meets every 2nd Sunday of the month at The Other Place in Burien at 11am. We will be moving May's to the 5th due to Mother's Day being the 2nd Sunday.

ILS,
Will C

GROUP REPORTS

Meeting: RTR

Meets: Daily @ 12:00 PM (Noon)

- Location: Auburn
- Attendance: Averaging 4 newcomers with approximately 7 total attendees
- Submitted by: Michael W on (04-21-2024)

Meeting Report:

We took a group vote to change our meeting time it will be Noon to 1:00pm for now on starting May 1st– we still need area support the meeting is slow during the week and the best day for the group is Saturday other than that nothing else to report thanks for letting me be of service

Meeting: Hope on Wednesday

Meets: Wednesday @ 7:00 PM

- Location: The Other Place, Burien
- Attendance: Averaging 1 newcomers with approximately 25.67 total attendees
- Submitted by: John M on (04-24-2024)

Meeting Report:

Nothing new to report at this time.

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Meeting: Friday Night Survivors

Meets: Friday @ 7:00 PM

- Location: Grace Lutheran Church Kent
- Attendance: Averaging 1 newcomers with approximately 8 total attendees
- Submitted by: Ben W on (04-27-2024)

Meeting Report:

Hello all,
Friday Night Survivors is doing good. We have all positions filled and enjoy being a candlelight

meeting. Our facility requires the door to be locked so if you come please text the number posted for entrance. Please come share your experience strength and hope with us.
Yours in service Ben W

Meeting: Never Alone

Meets: Daily @ 7:00 PM

- Location: Recovery Garage
- Attendance: Averaging 3 newcomers with approximately 25 total attendees
- Submitted by: Eric C. on (04-27-2024)

Meeting Report:

Hello family,

Things are going well at Never Alone. Our Lasagna feed and speaker jam went great!! Our peaked meeting this month was the 27th and we had Ron B. from Pierce County carry the message of NA. All of our positions are filled and we have a new GSR which will be introduced at the area meeting. Our next business meeting will be on May 5th. 4 p.m. As always thanks for allowing us to be of service!

NEVER ALONE

Meeting: Friday night Cahos

Meets: Friday @ 6:30 PM

- Location: Trotters
- Attendance: Averaging 1 newcomers with approximately 20 total attendees
- Submitted by: Jimmy on (04-28-2024)

Meeting Report:

Hello and members, I am here to report that I will be donating \$200 for Friday night chaos I'm here to report that our meetings doing good so good that we may have to move and find a bigger venue to handle the amount of people that keep showing up And loving service, Jimmy

Meeting: Men's Hardcore

Meets: Monday @ 6:00 PM

- Location: Los Cabos Mexican Auburn
- Attendance: Averaging 4 newcomers with approximately 18 total attendees
- Submitted by: Richard Y on (04-28-2024)

Meeting Report:

Good Day Family

I'm happy to report Men's Hardcore is going Strong..We've Had an increase in Attendance over the last few months..Due to the increase in Attendance We voted to extend our meeting to 1.5 hrs.

Our new Start time is 6pm til 7:30..

Many members arrive early for Fellowship and Dinner.Our Business meeting is the Monday prior to Area..

At our our Last Meeting Matt P took over the Treasury position..Troy M is our Secretary and I'm proud to be our GSR..This will be my 2nd Area meeting and any suggestions are welcome..

Our Spiritual Breakfast is coming up on July 27..Tickets are Available at \$30 per ticket..

Y.I.R

Richard Y

Meeting: West Hill NA

Meets: Thursday @ 7:00 PM

- Location: St Columba's Episcopal Church, Kent
- Attendance: Averaging 2.5 newcomers with approximately 27.5 total attendees
- Submitted by: Tyler I. on (04-28-2024)

Meeting Report:

Hello all, I am happy to report that attendance has been good over the last month. We will be having a barbecue July 18th prior to the meeting. We will have 2 members share their experience, strength and hope. I will inform you of the start time of our bbq prior to the next area meeting. We are donating \$219. Thank you for allowing me to be of service Tyler I.

Meeting: Twisted Sisters

Meets: Sunday @ 10:00 AM

- Location: Alano club, Auburn
- Attendance: Averaging 4 newcomers with approximately 20 total attendees
- Submitted by: Anber on (04-28-2024)

Meeting Report:

We have moved from virtual to in personal in efforts to increase meeting attendance. It worked 29 ladies today. Yay. Thanks for letting me be of service

Meeting: Sunday night underground

Meets: Sunday @ 6:30 PM

- Location: "The other place" Burien
- Attendance: Averaging 1.5 newcomers with approximately 11 total attendees
- Submitted by: Chris M. on (04-28-2024)

Meeting Report:

Nothing new

Meeting: New Hope Group

Meets: Tuesday @ 7:00 PM

- Location: Victory fellowship church
- Attendance: Averaging 32 newcomers with approximately 2 total attendees
- Submitted by: Richie S on (04-28-2024)

Meeting Report:

New hope group is extending there meeting time 15 minutes starting the month of May. So we will now be ending at 8:30 and not 8:15. The group has made a donation of \$100 this month.

I'm just here so I don't get fined

Thank you for allowing me to be of service

-Richie

Meeting: Recovery in the worlds

Meets: Wednesday @ 6:00 PM

- Location: Covington
- Attendance: Averaging 1 newcomers with approximately 10 total attendees
- Submitted by: Bobby m on (04-28-2024)

Meeting Report:

Hello all for march and April \$ 177.00 collection, rent \$40.00, lit \$42.70 , area donation \$94.30 your in service bobby
