

South King County Area of Narcotics Anonymous

MINUTES

Jan 25, 2025

The Area Chair, Will C, called the 524th meeting of the SKCASC to order at 5:30 pm.
There was a moment of silence followed by the Serenity Prayer.

The Twelve Traditions were read by Don

The Twelve Concepts were read by Johnna

Previous Minutes were read and approved.

GRIEVANCES:

None

New GSRs:

- Kendra - Wired

ROLL CALL:

There were 9 GSR's present, 4 Admin, and 4 Sub-Committee members

OLD BUSINESS:

- [CAR Survey and Discussion Questions](https://na.org/conference/) (can be found here: <https://na.org/conference/>)

Needs to go back to groups. Will be collected at January's (?) Area.

OPEN SHARE:

- Area Survey – No new responses.

NEW BUSINESS:

- Regional Motions:

Motion # _____ 165.3 _____

Date: 2026-01-10

Motion Made By: Steve F. Representing: C&E Projects Coordinator Made By Email:

CEChair@WNIRNA.org

Seconded By: Theo Representing: Southwest Washington

I move: To approve the purchase of a Shopify 1 year "Grow" subscription. Requesting approval to spend up to \$1200 to make this purchase.

Intent: The cost of the plan is \$79/month, billed annually plus tax. \$1200 to allow for any wiggle room.

Rationale (if needed): To Migrate our convention registration process to a more stable platform that requires less from our IT coordinator. It does come at a price that we didn't have before, but we have been asking too much from our IT servant to make it work, when there is an easier way.

Financial Impact: Up to \$1200

Motion must go back to groups: Yes X

Motion # 165.4

Date: 2026-01-10

Motion Made By: Julia RV Representing: C&E Made By Email: CEChair@WNIRNA.org

Seconded By: Theo M. Representing: Southwest Washington

I move: Motion – move to increase the total seed money from the current \$5500 to a total of \$8000 the break down would be \$1000 3 years out, \$1000 2 years out and \$6000 the year before.

Intent: Intent – to increase the seed money to help with the increased costs since the last increase 10 years ago.

Rationale (if needed): This would change in the PNW Board guidelines as follows: Article IV Funds The current convention committee shall provide \$1000 US to the host region 3 years out, and an additional \$1000 to the host region the year they provide the proposal (2 years out). These funds will be given to the proposing regions PNW board Representative at the PNW Board meeting on the Saturday of the convention. The current convention committee shall provide \$ 6000 (US) seed money to the committee of the following year within sixty (60) days of the end of the convention. These funds will be mailed directly to the following year hosting regions PNW board rep.

Financial Impact: Increased cost to each PNW committee \$3000

Motion must go back to groups: Yes X

- Motions

Motion 524.1

Made by: Will C

Seconded by: Dave D RTR

Motion: Update the Guidelines as follows

SOUTH KING COUNTY NARCOTICS ANONYMOUS AREA SERVICE COMMITTEE
ARTICLE C OPERATING PROCEDURES SECTION 4

Any excess funds should be made available to the Area to be voted on for use outside of our normal SKCA Accounting use at the ASC meeting. At the close of the ASC meeting, any funds not obligated shall be ~~maintained in the South King County Area Service Committee Treasurer in a separate accounting~~ added to the quarterly WNIRSC donation. All those funds, ~~including the 7% Group donation to World and~~

~~the 7% Group donation to Region,~~ shall be dispersed to the appropriate bodies monthly. The 7% Group donation to World and the 7% Group donation to Region will be set aside monthly and passed along each quarter (March, June, September, December).

Needs to go back to groups

Motion 524.2

Made by: Mike R

Seconded by: Dave D RTR

Motion: To increase the limit of the value of the Literature inventory from \$4700.00 to \$5400.00

Needs to go back to groups

Motion 524.3

Made by: First Thought Wrong

Seconded by: Johnna S Nip It

Motion: For the Area not to increase price of lit by 4%...

- to save cost for groups and individual Addicts
- because Area is already receiving bulk discounts
- to not follow example of World to pass rising costs on to Groups & Addicts.

Tabled by Chair as it was brought up that no previous motion was ever placed to increase the cost by 4%. Chair will investigate and provide update next month.

ELECTIONS:

- C&E Representative (December) - Open

Next Month – None

OPEN POSITIONS:

- Treasurer Trainee (July) - Open
- Secretary (October) - Open
- Secretary Trainee (October) - Open
- Helpline Chair (November) - Open

ANNOUNCEMENTS:

- The next Area meeting is scheduled for Jan 25th at 5:30pm

- In January we will conduct an Audit of Area Treasury

ADMIN REPORTS

CHAIR - Will C

Hello SKC ASC,

This month I requested minutes posted to the website. I also looked into the request about how we deal with extra fund and have a motion to present after we have a discussion during open sharing.

Nothing else to report.

ILS,

Will C

VICE CHAIR - Shamus

Good evening,

Thank you for allowing my absence last month, visit with my daughter was outstanding.

Nothing to report but do have a request: We as area members please share in meetings the open positions.

Currently we have open, Secretary, treasurer training, web servant, and Vice Chair as of next month.

Thank very for letting me be of service.

Shamus

SECRETARY - OPEN

No written report

SECRETARY TRAINEE - OPEN

No written report

TREASURER - Jenifer C

SKCANA Treasurer's Report (Rollup) January 2026
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Area Income

Group Contributions	\$351.00
Total Income	\$351.00

Checking Account

Starting Balance	\$11,175.74
credits	\$469.70
Debits	(\$1,130.14)
Ending Balance	\$10,515.30

Area Expenses

Recovery Garage	Lit Storage, H&I, PR Rent	(\$95.00)
U-haul	Act Storage	(\$107.90)
Literature	H&I Transfer	(\$122.60)
Literature	PR Transfer	\$0.00
Grace Lutheran	ASC Rent	(\$20.00)
WSO	7% Contribution	(\$24.57)
WNIR	7% Contribution	(\$24.57)
Zoom	Meeting Host	(\$18.75)
Total Expense		(\$413.39)

Account Verification

Activities	\$2,855.80
Men's Retreat	\$1,497.30
Lit (Funds Available)	\$224.59
NYE Earmark	\$4,000.00
Prudent Reserve	\$1,937.61
All Area Funds	\$10,515.30

Bank - All Area Funds	\$0.00
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Area Account:	\$2,000.00
Pre-Contribution Balance	\$1,937.61
Regional Contribution	\$0.00
Ending Balance	\$1,937.61

SKCANA Treasurer's Report (Register)

January 2026

Date	Cat.	Payee	Note	#	Amount	Amount	Balance
			Starting Balance				11,175.74
12/29/25	Area	Recovery Garage	Lit Storage, H&I, PR Rent	7973	(95.00)		11,080.74
12/29/25	Area	Grace Lutheran Chu	ASC Rent	7974	(20.00)		11,060.74
12/30/25	Lit		Lit Sales			118.70	11,179.44
12/30/25	Area		Group Contributions (cash/che			351.00	11,530.44
01/02/26	Area	U-Haul	Activity Storage		(107.90)		11,422.54
01/10/26	Area	Zoom	Area Online Meeting		(18.75)		11,403.79
01/25/26	Lit	NAWS	Lit Invoice NPS - 0070914	7975	(406.11)		10,997.68
01/25/26	Lit	NAWS	Lit Invoice NPS - 0072119	7976	(433.24)		10,564.44
01/25/26	Area	NAWS	7% Contribution	7977	(24.57)		10,539.87
01/25/26	Area	WNIR	7% Contribution	7978	(24.57)		10,515.30
			Ending Balance				10,515.30

TREASURER TRAINEE - OPEN

No written report

RCM1 - James L

IT Subcommittee

IS ASKING ALL AREAS TO MOVE THEIR EMAIL TO

GOOGLE. WE WANT

TO START COORDINATING THIS AND GET THIS MOVING

We had to elect a new Vice Chair as the current Vice chair stepped down because of a relapse. The New Vice Chair is our Will C

Financial Summary

- Beginning Balance: \$75,145.20

Income:

- Area Contributions: \$14,321.46
- Convention Contributions Raised: \$21,009.47
- Total Income: \$35,330.93

Expenses / Money Out:

- Total Expenses: \$8,746.21
- Ending Balance: \$101,729.92

For a full account of our region finances you can go to the region website.

Regional Delegate

Current Survey

- CAR Survey (deadline 1 April 2026): English | Portuguese (Brazil) | Spanish
- Gender-Neutral and Inclusive Language (deadline 1 April 2026): English | Portuguese (Brazil) | Spanish
- DRT/MAT in NA: Helping Members Take Root (deadline 1 April 2026): English | Portuguese (Brazil) | Spanish
- See the Revising Group Business Meetings for the latest review drafts and input forms.

PR

We had presentations for the Washington State Association of Drug Court Professionals. Thank you Learoy, Penny, and Gerry. I am personally very thankful for the people involved in manning that booth. I am on the eastside of the mountains and appreciate your service. For the future we have a line item in the budget for those that need accommodations in order to be at this event and help out. So don't feel that you need to be on the west side of the mountains in order to be of service for this particular event.

H&I (falls under Pr at Region)

Last quarter we put together a few people to start a special project, with the goal of getting NA literature on prison tablets. After making phone calls and emails with no response, I was able to find a news article that stated Securus tablets partnered with Edovo to provide content. And I confirmed with Rich at NAWS that the tablets already have our literature. He looped me in with other members who have already put together two meetings where around 12 facilities across 5 states are already attending. So our next steps to get things moving at our region will be to send out resources to DOC contacts, Sheriffs and their staff. I plan on staying active with this project and hope to get some more involvement from members in our region. After All Subs Random

Do homegroups have requirements for members to attend multiple Business meetings in order to have a vote? Multiple people shared what they do at the home group level. Every group suggested having guidelines . And most home groups all have a requirement for members to attend 2 business meetings .

Motions # _____165.2_____ I move: We combine the working steps for recovery chairperson and DOC coordinator positions Intent: The two positions are closely related, if we combined them things should run more seamlessly and it would give an opportunity to grow our relations with DOC and better reach incarcerated addicts Rationale (if needed): Financial Impact: none (passed)

Motion # _____165.3_____ WNIRNA Motion Form Date: 2026-01-10 Motion Made By: Steve F. Representing: C&E Projects Coordinator Made By Email: CEChair@WNIRNA.org Seconded By: Theo Representing: Southwest Washington ----- I move: To approve the purchase of a Shopify 1 year "Grow" subscription. Requesting approval to spend up to \$1200 to make this purchase. Intent: The cost of the pan is \$79/month, billed annually plus tax. \$1200 to allow for any wiggle room. Rationale (if needed): To Migrate our convention registration process to a more stable platform that requires less from our IT coordinator. It does come at a price that we didn't have before, but we have been asking too much from our IT servant to make it work, when there is an easier way. Financial Impact: Up to \$1200 ----- For Chair / Vice Chair use only Major Motion: _____ Non-Major Motion: _____ Motion Requires: Simple Majority _____ 2/3 Majority _____ Other _____ Motion must go back to groups: Yes ___X___ No _____

Motion # _____165.4_____ Date: 2026-01-10 Motion Made By: Julia RV Representing: C&E Made By Email: CEChair@WNIRNA.org Seconded By: Theo M. Representing: Southwest Washington ----- I move: Motion – move to increase the total seed money from the current \$5500 to a total of \$8000 the break down would be \$1000 3 years out, \$1000 2 years out and \$6000 the year before. Intent: Intent – to increase the seed money to help with the increased costs since the last increase 10 years ago. Rationale (if needed): This would change in the PNW Board guidelines as follows: Article IV Funds The current convention committee shall provide \$1000 US to the host region 3 years out, and an additional \$1000 to the host region the year they provide the proposal (2 years out). These funds will be given to the proposing regions PNW board Representative at the PNW Board meeting on the Saturday of the convention. The current convention committee shall provide \$ 6000 (US) seed money to the committee of the following year within sixty (60) days of the end of the convention. These funds will be mailed directly to the following year hosting regions PNW board rep. Financial Impact: Increased cost to each PNW committee \$3000 Motion must go back to groups: Yes ___X___ No _____

RCM2 - Bobby

No written report

SKCNA FACEBOOK GROUP - James

No written report

SUB-COMMITTEE REPORTS

ACTIVITIES - Melissa

No written report

H&I - Dave

H&I report for 01/25/2026

Not much to report attended allsubs zoom meeting was short and nothing new except they will need to elect a new chair. we still need more jail speakers anyone with over 2 years clean can contact me about serving on a jail panel. trying to coordinate with activities on the area birthday presentations and we are finalizing updating the speakers list. I took it upon my self to get meeting schedules printed and they were snapped up by the panel leaders and a few meetings I have a receipt from minute man press for \$117.00 if you feel I was not justified in getting them I will just donate them but I was tired of not having schedules at the facilities we serve.

HELPLINE - OPEN

No written report

LITERATURE - Mike R.

The literature order for the month of January was \$433.24including \$40.00 for shipping.
Mike R

PR - Natalie

Hello all,

At our last PR meeting we voted to use our monthly budget to purchase the following 2 items:

* An elastic, fitted table cover \$130.27

* A retractable banner \$130.68

I have made these purchases and paid for them upfront. I will be requesting reimbursement from our monthly PR budget. Since the total cost of the 2 items exceeded our allotted monthly amount, I will be donating the \$10.95 difference. I will bring receipts to our next Area meeting.

If I need to make a money motion for reimbursement at today's meeting, I will be attending online and can do so then.

Yours In Service,
Natalie

C&E - OPEN

No written report

WEB SERVICES - James

Hello, I will not be attending the Area Meeting today since it is my birthday and also the Seahawks are playing. For my report, I've updated all contacts list emails with the correct email for each position. There were several events that were posted/updated as well as a new meeting that was added to the meeting list for the Women's WIRED meeting. I also removed KNVA from the meetings list since it is no longer happening. Besides that everything is going well with the website.

EVENTS REPORTS

SASS - Jackie

Hello friends,

Our first fundraiser scheduled for Saturday, February 28 th , back by popular demand we are doing a "Soup & Serenity" at St Elizabeths Church. We are looking for participants to commit to bringing crock pot of soup as well as participants to donate baked goods for auction, if you're interested, please see Jenifer L. We are looking forward to planning

our annual SYSPE event on May 2nd here at Grace Lutheran Church so stay tuned for details.

I am looking to area for direction on how we set up our current account from a "business account" to a not-for-profit account, 501c3?? A lot of our admin team on SASS were denied access to the account due to a criminal background check. How do other committees get around this?

We have all of our chair positions filled currently but always welcome trusted servants to help with planning. We meet monthly on the 3 rd Sunday of the month at the Recovery Garage at 3pm with the exception of March and June 2026, we will meet on the 2 nd Sunday of the month. Come join the fun!

Our bank account balances are as follows:

Current checking balance: \$1,829.39

Current savings balance: \$5,244.07

Total between both accounts: \$7,073.46

Thanks for letting me be of service

Jackie J

MEN'S RETREAT - Ali

Hello ASC Members,

Our committee met Feb. 26th.

We have decided to hold a fundraising event Saturday, Feb. 28th at the Recovery Garage prior to their monthly Speaker Meeting.

We have printed tickets for the event. Price per ticket is \$80 before March 15th, On March 15th, price will increase to \$90.

Our next Committee Meeting will be held at 6PM, February 25th.

ILS, Ali C

SKCMR Chair

WINTER WINNERS LIAISON – David P

Hello SKCANA. Winter Winner was a success on Saturday January 24th 2026. Our wrap up meeting is February 15th and ill bring all the necessary financial reports and close out items for the event at the February area meeting. In loving service.

David P.

GROUP REPORTS

Meeting: Friday Night Survivor's

Meets: Friday @ 7:00 PM

- Location: Grace Lutheran Church DesMoines
- Attendance: Averaging 1 newcomers with approximately 9 total attendees
- Submitted by: Donald B on (01-24-2026)

Meeting Report:

We are a candlelight meeting. Please enter the Church from the North entrance from the lower parking lot. There will be a sign on door with a phone number to text for entry to church. Nothing new to report.

(end of report)

Meeting: West Hill NA

Meets: Thursday @ 7:00 PM

- Location: St Columba's Episcopal Church, Kent WA
- Attendance: Averaging 2 newcomers with approximately 26 total attendees
- Submitted by: Jackie J on (01-24-2026)

Meeting Report:

Hello everyone, West Hill is going great. We will revisit our groups vote on the CAR report next month. Our area contribution this month is \$120.00,
Thanks for allowing me to be of service.

(end of report)

Meeting: Men's Hardcore

Meets: Monday @ 6:00 PM

- Location: Los Cabos Mexican restaurant Auburn
- Attendance: Averaging 1 newcomers with approximately 14 total attendees
- Submitted by: Richard Y on (01-25-2026)

Meeting Report:

Men's Hardcore could use some New Faces. Due to changes with The Surf and Turf schedule we have changed the date of our Lasagna Dinner Fundraiser to March 21st 2026..It will still be held at the Cedar Grange in Maple Valley..Tickets are \$30 ea and all are Welcome..Have a great day...

Thanks Richard Y

(end of report)

Meeting: Chaos

Meets: Friday @ 6:30 PM

- Location: Trotters
- Attendance: Averaging 2 newcomers with approximately 30 total attendees
- Submitted by: Jimmy L on (01-25-2026)

Meeting Report:

Hello members of NA

We are looking forward to seeing everyone attending our meeting

We are donating 150.00 dollars to area

I believe that someone should have made a motion to move the the time of area today being that it's not every year are Seahawks make it to this important game very often so I am not there to cast my vote my new sponsor might be calling me out on my shit but I'm pretty sure he is at home watching the game today too your in loving service Jimmy L

(end of report)

Meeting: AIR

Meets: Wednesday @ 7:00 PM

- Location: Journey church, Federal Way
 - Attendance: Averaging 1 newcomers with approximately 7 total attendees
 - Submitted by: Richie s on (01-25-2026)
-

Meeting Report:

Nothing know to report

I'm just here so I don't get fired

Thank you for allowing me to be of service

(end of report)

Meeting: Cover to cover

Meets: Sunday @ 6:00 PM

- Location: Family of grace Lutheran church/Auburn wa
 - Attendance: Averaging 1 newcomers with approximately 8 total attendees
 - Submitted by: Jesse M on (01-25-2026)
-

Meeting Report:

We are abstaining on our vote on CAR. We needed more information and will place our vote online.
Nothing else to report.

(end of report)

Meeting: WIRED

Meets: Wednesday @ 5:00 PM

- Location: Recovery Garage Auburn
 - Attendance: Averaging 2 newcomers with approximately 20 total attendees
 - Submitted by: LaKendra M on (01-25-2026)
-

Meeting Report:

Meeting is getting off to a great start. However, we do need more service positions filled.

(end of report)

Meeting: Never alone

Meets: Daily @ 7:00 PM

- Location: Recovery garage auburn
 - Attendance: Averaging 3 newcomers with approximately 25 total attendees
 - Submitted by: Kahli c on (01-25-2026)
-

Meeting Report:

Hey family never doing good

Our speaker this month will be Angela and Daniel. We do not have a donation this month we do thank you all for your service and letting us be of service

(end of report)

Meeting: Nip It In the Bud

Meets: Monday @ 7:00 PM

- Location: Peer Kent; Kent, WA
 - Attendance: Averaging 2 newcomers with approximately 12 total attendees
 - Submitted by: Johnna S on (01-25-2026)
-

Meeting Report:

We did not have our business meeting on the regular scheduled night this month because a lot of homegroup members were not available. We plan on holding our business meeting on Monday January 26th immediately following the meeting.

Some things we plan on discussing is the CAR Survey, which materials were passed out to homegroup members last month.

We have not donated to Area this month as we are in discussions around what our reserve should look like and be available to cover before donating.

We have a monthly, ongoing (on the first Monday of each month) Potluck and Speaker meeting! Monday February 2nd with guest speaker Christina C. from Seattle.

(end of report)
