

South King County Area of



Narcotics Anonymous

MINUTES

January 12th, 2022

The Area Chair, Judy, called the 489th meeting of the SKCASC to order at 7:00pm.

There was a moment of silence followed with the Serenity Prayer.

The Twelve Traditions were read by Gina C.

The Twelve Concepts were read by Veronica L.

Previous Minutes were read by Savannah G – Accepted as amended

Grievances: None.

New GSR's:

Elizabeth – Hope on Wednesday

John M. – Alternate for Hope on Wednesday

Roll Call: 13 GSR's, 4 Admin, and 4 Subcommittee chairs present

OLD BUSINESS:

488.1 – Made by Roger C.- FNA

Moves that in the SKCNA ASC Guidelines: Article E Section 2: Vice Chair Duties, we add:
10. Be Knowledgeable of performing a group inventory and facilitate/coordinate group inventories when asked. – Tabled until February

FB Page: Tabled until January – James, Gina, and Annie are going to meet and discuss.

Will bring an answer next area meeting – Tabled until February

Gina C. – Activities - Requesting \$500 for deposit for campout in August 11, 2023 -
Request in report, working with Mark.

OPEN SHARE:

World Motions: Must be voted on by February 9, 2023, the next ASC meeting. Motions can be found here: <https://www.na.org/?ID=conference-index>

- Votes for world motions start at the member, voted on at homegroups, taken to Area by GSR, taken to Region by RCM, Region takes to WSC: World Service Committee

Mark M. – Treasurers report: Literature: Discuss the \$30 cash on hand – **Motion made: 489.1**

What does the SKCNA ASC do when we have a debit in our prudent reserve? – **We reach the threshold at 50%**

- Section 10 An Emergency Budget Condition exists when the amount of the Area prudent reserve falls below one-half of the maximum cash prudent reserve (general fund). Under such condition NO money motions will be entertained. Also, under such condition, the H&I and PR committees will be limited to a maximum of one-half their normal monthly budget.

CAR – See RCM1 Report - Groups need to have votes done by February – **Take motions back to groups**

Area Audit - Sunday, January 29th - 2 hour meeting – 12pm to 2pm – Possibly at Poodle Dog in Fife

NEW MOTIONS:

489.1 – Made by Mark M. – Seconded by Ben - I move that area provide the literature chair \$40.00 to start a cash box for making change at literature distributions. The cash on hand at the end of each distribution will be recorded in the monthly treasurer report. – **PASSED**

489.2 – Made by Ben - FNS moves to have ASC moved to a hybrid and have the meeting at the Grace Lutheran Church – **Need more information – Tabled until February per Chair's Request**

ELECTIONS:

OPEN POSITIONS:

1. Treasurer Trainee – Clean time requirement - 4 years
2. PR – Clean time requirement - 2 years
3. RCM 2 – Clean time requirement - 5 years
4. Secretary Trainee – Clean time requirement - 1 years
5. Helpline – Clean Time Requirement - 2 years
6. Conventions & Events – Clean Time Requirement - 5 years

ANNOUNCEMENTS:

Don't forget to register for YAHCNA!! <https://young-at-heart-convention-of->

na.square.site/

Cover to Cover: One Year Anniversary Celebration: January 27 Party starts at 6:30pm, 2 Speakers: Meeting at 7pm

Red Dinner: February 4th 4pm to 9pm

John S. Birthday meeting at OPP: Potluck starts at 4:30pm and Meeting starts at 6:30

Literature Distribution Day – Sunday 5th @ 11 am at the Recovery Garage

Meeting schedules will need to be requested, by the groups, through the Website link and they will be ready for pick up on the distribution date.

Area Venmo for donations: @donateSKCNA * Motion to close at 9:36pm

The next Area meeting is scheduled February 9th at 7:00 pm on ZOOM (New GSR's encouraged to show up at 6:30 PM) *New Zoom ID: 862 9160 6308 Passcode: SKCNA******

ADMIN REPORTS

<u>CHAIR</u>	act	Judy J.
<u>VICE CHAIR</u>		Roger C.
<u>SECRETARY</u>		Savannah G.
<u>SECRETARY TRAINEE</u>		Vacant
<u>TREASURER</u>		Mark M.

SKCANA Treasurer's Report (Rollup)

Dec/Jan 2023

Area Income		Checking Account	
Group Donations	\$433.40	Starting Balance	\$15,301.69
SASS Overage	\$0.00	credits	\$1,099.90
Activities Overage	\$0.00	Debits	(\$2,664.70)
Total Income	\$433.40	Ending Balance	\$13,736.89
Area Expenses		Account Verification	
U-Haul		Activities	\$1,500.00
Activites Storage	(\$92.90)	SAS	\$6,343.00
Recovery Garage		Men's Retreat	\$1,500.00
Lit Rent	(\$50.00)	DOD	\$1,500.00
Literature		Lit (Funds Available)	\$1,214.17
H&I Transfer	(\$550.10)		
WNIR		Prudent Reserve	\$1,679.72
7% Donation	(\$30.34)	All Area Funds	\$13,736.89
WSO		Bank - All Area Funds	\$0.00
7% Donation	(\$30.34)		
Directories	\$0.00		
PR (Transfer)	\$0.00		
RCM1 Hotel	\$0.00		
Lit copies	\$0.00		
Treas. Supplies	\$0.00		
Recovery Garage			
H&I Rent	\$0.00		
Total Expense	(\$753.68)		
Area Account:	\$2,000.00		
Pre-Donation Balance	\$1,679.72		
Regional Donation	\$0.00		
Ending Balance	\$1,679.72		

SKCANA Treasurer's Report (Details)

Dec/Jan 2023

Group Donations		Activities	
Better Late than Never		Start	\$1,500.00
Cover To Cover		Income	0 \$0.00
First Thought Wrong		Expense	0 \$0.00
FNA	\$68.00	Ending	\$1,500.00
Friday Night Chaos		Petty Cash	\$500.00
Friday Night Survivors	\$78.85	SAS	
Hope on Wednesday	\$45.00	Start	\$6,890.00
It works		Income	\$0.00
Journey Home		Expense Merch & Deposit	(\$547.00)
KVNA		Ending	\$6,343.00
La Última Dosis		Men's Retreat	
Mens Hardcore NA		Start	\$1,500.00
Never Alone		Income	\$0.00
New Fix		Expense	\$0.00
New Hope		Ending	\$1,500.00
New Way NA	\$50.00	DOD	
No Matter what		Start	\$2,900.48
On Point Recovery		Income	\$0.00
Our Primary Purpose		Expense	(\$1,400.48)
Progress Not Perfection	\$51.55	Ending	\$1,500.00
Preventative Maintenance		Literature	
Recovery Amongst Women		Previous (OH)	\$3,988.79
Recovery in the Alley		Sold	(\$666.50)
Recovery in the woods		H&I Transfer	(\$550.10)
Road to Recovery		Ordered	\$513.64
Sunday Night Underground		Lit On Hand	\$3,285.83
Twisted Sisters		Funds Available	\$1,214.17
War		Total	\$4,500.00
West hill	\$140.00	Petty Cash	\$40.00
TOTAL DONTATIONS	\$433.40		

SKCANA Treasurer's Report (Register)

Dec/Jan 2023

Date	Cat.	Payee	Note	Check	Check	Deposit	Balance
Starting Balance				#			\$15,301.69
9-Dec	Area	Recovery Garage	Lit Storage	7671	(\$50.00)		\$15,251.69
9-Dec	Area	U-Haul	Activity Storage	7672	(\$92.90)		\$15,158.79
9-Dec	SASS	Petra P	Fund Raiser Merch	7673	(\$147.00)		\$15,011.79
9-Dec	SASS	Lazy F Camp	2023 Deposit	7674	(\$400.00)		\$14,611.79
11-Jan	Area		Group Donations (cash/check)			\$130.40	\$14,742.19
11-Jan	Lit		Lit Sales			\$636.50	\$15,378.69
12-Jan	Area		Group Donations (Venmo)			\$303.00	\$15,681.69
12-Jan	Lit	NAWS	Lit Order NAW-097726	7675	(\$513.64)		\$15,168.05
12-Jan	DOD		WNIRCNA Donation	7676	(\$1,400.48)		\$13,767.57
12-Jan	Area	NAWS	7% Donation	7677	(\$30.34)		\$13,737.23
12-Jan	Lit		Lit Sales (remainder from 1/8)			\$30.00	\$13,736.89
			Ending Balance				\$13,736.89
				Total		Total	
				Debits		Deposits	
				(\$2,634.36)		\$1,099.90	

TREASURER TRAINEE

Vacant

RCM1

Veronica L

Submitted by: Veronica L on (01-09-2023)

Written Report:

Hello Friends!

Since our last ASC meeting I have been in contact with and sent Conference Agenda Report information to GSR's or members from the following area homegroups:

- It Works
- New Fix
- Our Primary Purpose
- On Point Recovery
- Recovery Amongst Women
- Progress Not Perfection
- Road To Recovery

Our lovely H&I Chair Loni has volunteered to go around to different homegroups with me to help spread the word about supporting ASC, as well as the CAR report and upcoming workshops. Thank you Loni!

Two homegroups reported needing support badly due to lack of attendance or participation:

- Recovery in the Woods
- Road to Recovery

The January ASC will be held this coming Saturday, January 14th, via Zoom only from 10am-5pm. All Sub-committee meetings are being held via Zoom most evenings this week. All meeting times and Zoom information can be found on WNIRNA.ORG under the Service Meetings section. All Area Committee Chairs are encouraged to attend their respective Sub-committee meetings.

The CAR Workshops started this last Saturday and will run on different weekend dates thru Clean and Free weekend. The CAR Workshop schedule is posted on SKCNA.ORG. All members are encouraged to attend a workshop either in person or via Zoom option.

In service to NA,
Veronica L.

RCM2

Vacant

SUB-COMMITTEE REPORTS

Activities

Gina C.

Submitted by: Gina.C on (01-12-2023)

Written Report:

Hello family, hope all is well and you are staying dry. Your SKCA is moving right along. We have several events planed for this calendar year. So keep eyes posted for save the date flyers. Feb. 11th is our Eat Your Heart Out Bingo, Speaker Meeting and Dessert Contest. Place: Timberlane HOA Clubhouse time: 11-4pm. Prizes and address are on the flyer. We are also working on the SKCA Birthday Event which is going to be on March 18th save the date flyer is out. And as soon as I learn how to post on sidewall they will be posted. Also campout save the date flyer is out. We are requesting a check for 500.00 dollars for the deposit for the campout.


Made out to: Town of Skykomish

Mailed to:

P.O. Box 308

Skykomish, Wa. 98288

Memo: for campout on 8/11-8/13

Thank you, Yours in Service, Gina 

Conventions & Events

Vacant

Helpline

Michelle K

Submitted by: Michelle K on (01-12-2023)

Written Report:

My apologies that my report is a bit late today. The helpline received 33 calls in the month of December with 4 missed. I am still helping manage Google voice and acting as helpline chair until a new one is elected. Thank you for letting me be of service.

PR

Vacant

H & I

Loni S.

Submitted by: Loni S on (01-09-2023)

Written Report:

H&I Chair Report—

Just a heads up- the Regional H&I SC meeting this month is at the same time as our ASC meeting. I will do my best to manage both. If I am unable to read my report, I have asked Petra P to read it in my place.

Hi family!! Here's what's going on with the H&I subcommittee this last month—

1. We did not meet for our regular subcommittee meeting this month, due to the holidays. Next t time we meet is January 29th at 10 am at the Garage. Next orientation will be the January 29th at 11 am at the Garage.

2. We are continuing to work on updating our volunteer contact list.
3. A reminder that our new guidelines, along with a summary of the changes made, have been submitted to area for approval. I submitted the summary of changes after last area via a report.
4. We are passing out volunteer application packets for RJC!! We are trying to get a pool of volunteers approved in anticipation of being able to take panels in to RJC sometime in 2023. There are new requirements- 2 years minimum clean time, provide a copy of Washington State ID and Covid Vaccination card, and 2 years off paper. Bob W. is handling those applications.
5. Our Federal Detention Center Coordinator (Michael T.) has let us know that currently there are very few members who are cleared to go in at that facility. We would like to welcome anyone interested in getting cleared to please come grab an application from our January 29th subcommittee meeting!!
6. OPEN SERVICE POSITIONS- as we begin to go in to more facilities and open more panels in current facilities, there will be lots of opportunity to serve on our subcommittee. We have 1 open position for panel coordinator.
7. FACILITY INFORMATION-
 - A. FDC- 1 panel each week, alternating men and women.
 - B. RJC- will be opening in 2023.
 - C. Kent City Jail- will be opening in 2023.
 - D. Lakeside-Milam- outpatient; 1 panel each month.
 - E. Royal Life Centers- inpatient; 1 panel each month.
 - F. Sea Mar Turning Point- inpatient; 2 panels each month
 - G. Future Vision- outpatient; 1 panel each month.

Theres not a whole lot to reports this month. I hope everyone had a great holiday season!!! Thank you so much for letting me be of service!!

Love,
Loni S.

LITERATURE

Juan C.

Web Services Chair

Misty L.

EVENTS REPORTS

Day of the Dinosaurs

Brian M.

Men's Retreat

Brandon R.

Submitted by: Brandon R. on (01-05-2023)

Written Report:

Hello family,

We now have tickets for sale. We moved our monthly committee meeting to Jan 8th at 9 am at Trotters restaurant. Next month at victory fellowship we will be having a fundraiser at 6 PM David on 25 February. We will be having tacos, speaker, and auction. Please come help support us. Thank you for letting me be of service.

S.A.S.S.

Petra

Winter Winners Liaison

Vacant

YAHCNA

Amanda L

GROUP REPORTS

<u>MEETING</u>	<u>DAY/TIME</u>	<u>GSR</u>
BETTER LATE THAN NEVER	MONDAY 6:30PM	
COVER TO COVER	FRIDAY 7pm	Kaitlin R.
FIRST THOUGHT WRONG	WEDNESDAY 7:00PM	(Bob)
FRIDAY NIGHT ALIVE	FRIDAY 7:00PM	Roger C.

Meets: Friday @ 7:00 PM

- Location: Virtual.
- Attendance: Averaging 2 newcomers with approximately 40 total attendees
- Submitted by: Roger C. on (01-12-2023)

Meeting Report:

FNA is doing well we have are a lit meeting and have a guest chair every Friday. We donated \$68.00 this month to area and \$138.00 to WSO

FRIDAY NIGHT SURVIVORS

FRIDAY 7:30 PM

Ben W.

Meets: Friday @ 7:30 PM

- Location: Grace Lutheran Church
- Attendance: Averaging 1 newcomers with approximately 10 total attendees
- Submitted by: Ben W on (01-12-2023)

Meeting Report:

Meeting is doing well and people are loving the candle light option. Church still requires us to lock the door so people have to text to get in after 7:30. Plus people have to enter from the north door in the lower parking lot.

HOPE ON WEDNESDAY

WEDNESDAY 7:00PM

Lori C

Meets: Wednesday @ 7:00 PM

- Location: The Other Place
- Attendance: Averaging 2 newcomers with approximately 27 total attendees
- Submitted by: Lori C on (01-11-2023)

Meeting Report:

nothing to report

IT WORKS

MON - FRI 5:00PM

Carson B

- Meets: Monday, Tuesday, Wednesday, Thursday, Friday @ 5:00 PM
- Location: Recovery Garage, Auburn
- Attendance: Averaging 1 newcomers with approximately 10 total attendees
- Submitted by: Carson B. on (01-03-2023)

Meeting Report:

It Works group continues to run as usual, without issue. Our group has a plan set to review CAR motions and will bring our votes back for the March Area meeting.

JOURNEY HOME

SUNDAY 7:00PM

(Linda R)

KVNA

SATURDAY 7:00 PM

(Mark M)

LIVING THE PROGRAM

FRIDAY 9:00PM

MENS HARDCORE NA

MONDAY 7:00PM

Michael A

NEVER ALONE

DAILY 7:00 PM

Eric C.

Meets: Daily @ 7:00 PM

- Location: Recovery Garage
- Attendance: Averaging 2 newcomers with approximately 23 total attendees
- Submitted by: Eric C. on (01-11-2023)

Meeting Report:

Hello Family,
I'm the new GSR for Never Alone. I will not be able to attend January area but will be there next month to introduce myself as GSR. Never Alone is still holding it down and a great meeting. Look forward to seeing you guys next month. Thanks for allowing me to be of service.
Eric C.

NEW HOPE

TUESDAY 7:00PM

Juan C.

Meets: Tuesday @ 7:00 PM

- Location: Victory fellowship church auburn
- Attendance: Averaging 2 newcomers with approximately 35 total attendees
- Submitted by: Juan on (01-12-2023)

Meeting Report:

Our mtg is growing in attendance. New comers keep coming In the doors. We have 6 home group members. Our mtg is the place to be on a Tuesday evening. Come join us and thank you for letting me be of service.

NEW WAY NA	THURS 6:00PM	(Brandon)
NO MATTER WHAT	FRIDAY 10:30PM	
OHANA	MONDAY 6:30 PM	
ON POINT RECOVERY	DAILY 4:00PM 1 HR	
OUR PRIMARY PURPOSE	SATURDAY 6:30 PM	Lance

Meets: Saturday @ 6:30 PM

- Location: BROOKLAKE COMMUNITY CHURCH 629S South 356 street, Federal Way
- Attendance: Averaging 1 newcomers with approximately 20 total attendees
- Submitted by: Lance B on (01-10-2023)

Meeting Report:

all is well at OPP we are celebrating our 5 year anniversary this coming Saturday starting at 4:30 with a pot luck feast come for food fun and fellowship our main speaker will be John S around 7 pm come help us celebrate a major milestone we have a few positions coming up in February so if you are looking the greatest home come and get involved my group would like to express its concern that the minute from last month were not posted as of Saturday

PROGRESS NOT PERFECTION	THURSDAY 6:30PM	Hannah P.
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Meets: Thursday @ 6:30 PM

- Location: New Heights Christian Church
- Attendance: Averaging 2 newcomers with approximately 8 total attendees
- Submitted by: Hannah P. on (01-12-2023)

Meeting Report:

Nothing new to report at this time. Thanks for letting me be of service!

RECOVERY AMONGST WOMEN	SATURDAY 4:00PM	Savannah G.
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Nothing to report.

RECOVERY IN THE ALLEY **SATURDAY 7:00 PM**

RECOVERY IN THE WOODS **WEDNESDAY 7:00 PM** **Bobby M**

ROAD TO RECOVERY **DAILY NOON** **Steven**

SUNDAY NIGHT UNDERGROUND **SUNDAY 6:30PM**

THE DOORS ARE OPEN **THURSDAY 7:00PM**

THE NEW FIX **DAILY 7:00PM** **Amy/Erin C.**

TWISTED SISTERS **SUNDAY 10:00am** **Amber H**

- Meets: Sunday @ 10:00 AM
- Location: Auburn Alano Club
- Attendance: Averaging 3 newcomers with approximately 8 total attendees
- Submitted by: Amber H. on (01-09-2023)

Meeting Report:

The month of December went well, rent paid on time & everyone enjoyed the holidays it was a quiet month. That's all for now

WAR **SATURDAY 9:00PM**

WEST HILL NA **THURSDAY 7:30PM** **(Will C.)**

AREA ATTENDANCE 2023												
	Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec
ADMIN												
Chair	H											
Vice Chair	V											
Secretary	H											
Vice Secretary	V											
Treasurer	H											
Treasurer Trainee	V											
RCM1	H											
RCM2	V											
SUB-COMMITTEES												
Activities	H											

Conventions and Events	V																		
Helpline	V																		
PR	V																		
H&I	A																		
Literature	H																		
Web Services Chair	H																		
EVENTS																			
Day of the Dinosaurs	A																		
Men's Retreat	A																		
S.A.S.S.	A																		
Winter Winners	A																		
YAHANA	H																		
MEETINGS																			
Better Late Than Never	A																		
Cover to Cover	H																		
First Thought Wrong	A																		
Friday Night Alive	H																		
Friday Night Chaos	A																		
Friday Night Survivors	H																		
Hope On Wednesday	H																		
It Works	H																		
Journey Home	A																		
KVNA	H																		
Living the Program	A																		
Men's Hardcore NA	A																		
Monday Night Marbles	X																		
Never Alone	A																		
New Hope	H																		
New Way NA	H																		
No Matter What	A																		
Ohana	A																		
On Point Recovery	A																		
Our Primary Purpose	H																		
Progress Not Perfection	H																		
Recovery Amongst Women	H																		
Recovery in the Alley	A																		
Recovery in the Woods	A																		
Road to Recovery	A																		
Sunday Night Underground	A																		
The Doors are Open	A																		
The New Fix	A																		

Twisted Sisters	H											
WAR	A											
West Hill NA	H											

Key :

X = Meeting Closed

A = Absent

P = Present

V = Position empty

R = Absent with Report

